

Chomp Stomp

Tom Lieberman

E



This is my friend, His name is Chomp. He loves to dance and play and romp. He

5



pow-ers up, Like you and me, To be the ver-y best car-rot that he can be.

9

E



Chomp with your arms, Chomp with your feet, Just keep on mov-ing to the Pow-er Up beat.

13


A



Hey, Look at you! You're do-ing the Chomp, With a shake and a slide and a

16

B⁷ E



stomp. *Just do the Chomp!* Do the Chomp with your arms and feet. *Just do the*


19



Chomp! Do the Chomp to the Pow-er Up beat. *Just do the Chomp!* Move your bo-dy in

22

A B⁷



ev -'ry way. *Just do the Chomp!* Do the Chomp dance ev -'ry day. *Just do the*

25

E



Chomp! Do the Chomp with your arms and feet. *Just do the*

27



Chomp! Do the Chomp to the Pow-er Up beat. Move your bod -y like your

30

A B⁷ E



bud-dy Chomp, With a shake and a slide and a stomp.

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Chomp Stomp

34



Come on ev-'ry bod-y let's count it down! We try for five fruits and veg-gies each and

38



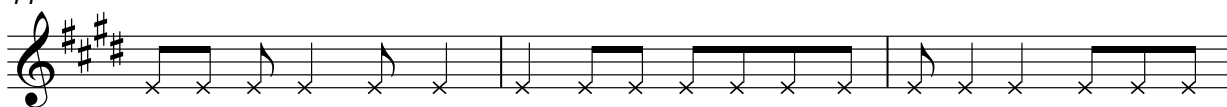
ev - er - y day; Count to four or more col-ors and you're on your way. When you

41



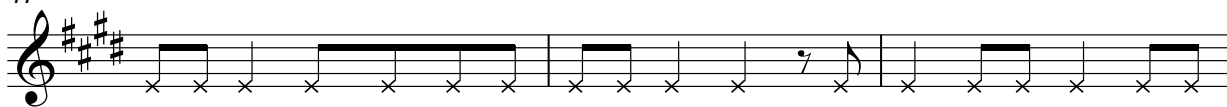
eat three meals you are run-ning right. No more than two hours of screen time; Get that

44



nat - ur - al light. At least one hour of play to help you get a-head; And ze - ro

47



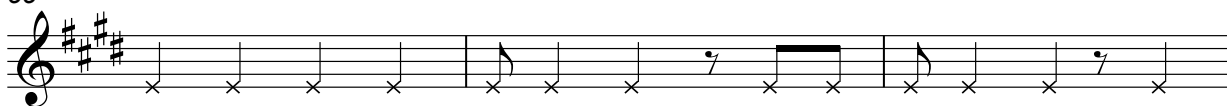
sug - ar - y drinks; Just reach for wat - er in - stead. You have what it takes to be

50



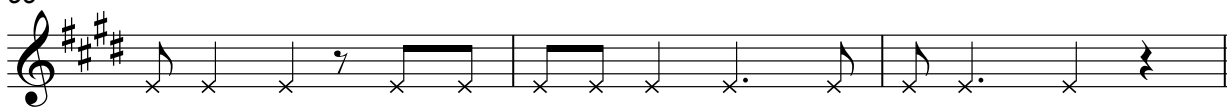
on this team: To do, to try, to dream! Let's be like Chomp and try new things, And

55



see what ev - 'ry new day brings. When you pow - er up, Soon

58



you will see, You're the ve - ry best you that you can be.

Chomp Stomp

61 E

Chomp with your arms, Chomp with your feet. Just keep on mov-ing to the Pow-er Up beat.

65 A

Hey, look at you! You're do-ing the Chomp! With a shake and a slide and a

68 B7 E

stomp. Just do the Chomp! Do the Chomp Stomp rain or shine. Just do the

71

Chomp! 'Cuz the Chomp keeps you feel-ing fine. Just do the Chomp! Move your bod-y in

74 A B7

ev - 'ry way. Just do the Chomp! Do the Chomp dance ev - 'ry day. Just do the

77 E

Chomp! Do the Chomp with your arms and feet. Just do the Chomp! Do the Chomp to the

80

Pow - er Up beat. Move your bod - y like your

82 A B7 E

bud - dy Chomp, With a shake and a slide and a stomp.