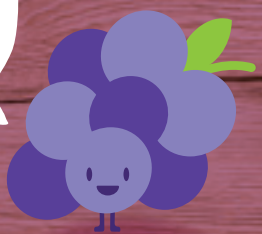


ENJOY SHARING



**LOOK + FIND**  
 Can you find these three things? Apple, blender, straw



**SHARING FRUITS AND VEGGIES**

Fruits and veggies make the perfect centerpiece for sharing, Turn them into rainbows, trees or art ... be creative and daring! Whether for a meal, celebration or snack, Once you try them in this fun way, you'll never go back.

WHICH OF THESE FRUITS AND VEGGIES HAVE YOU SHARED?



**CAN FOOD BE ART?**

Yes, it can! What fun names would you give these fruit and veggie masterpieces?



NAME:

\_\_\_\_\_



NAME:

\_\_\_\_\_



NAME:

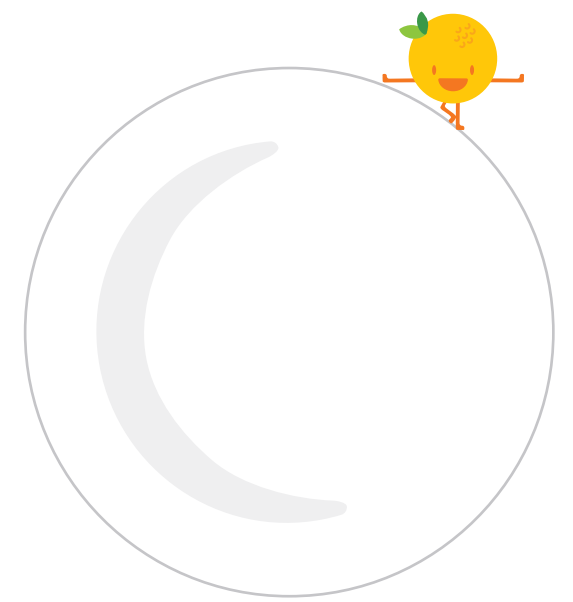
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**LET'S EXPERIMENT: HAVE FUN WITH FRUITS AND VEGGIES**

Cutting fruits and veggies into different shapes or giving them silly names makes them so much more fun to try. Create your own fruit and veggie art by drawing a fun picture on the plate. What fruits and veggies will you use?

Give your masterpiece a fun name:

\_\_\_\_\_



**SHARE AND CONNECT**

Grab a friend or family member and this deck of cards to strike up fun and interesting chatter as you share a meal or snack together. Find the Table Talk deck at [powerup4kids.org](http://powerup4kids.org).

