

# ROCK SOMEONE'S DAY WITH KINDNESS

Find smooth, flat rocks. Get creative with paint, markers or chalk to write kind words or draw pictures that make you feel good. Put the decorated rocks back outside for others to find and leave them feeling good, too!



**HOW ELSE COULD YOU SHOW KINDNESS TO OTHERS?**

---

---

---

---

---

---

---



.....

## ROCK ON!

No rock? No problem! Write kind words or draw a picture that makes you feel good on this rock.

.....