

SENSORY BEAN BALLS

WHAT YOU NEED:

- Balloons
- Dried beans or lentils (try different shapes and sizes!)
- Funnel

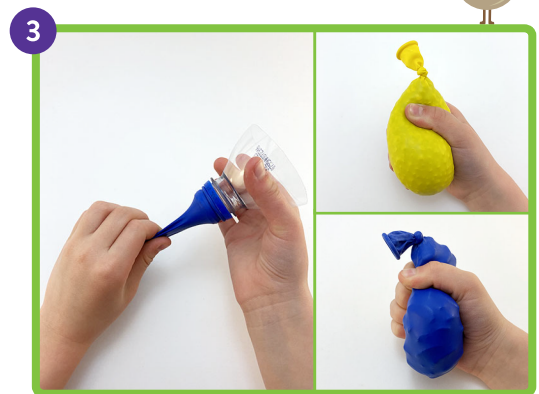
Don't have a funnel? Make your own! Use the top of an empty plastic bottle, such as a water bottle or juice container. With the help of an adult, draw a line around the bottle, a few inches down from the top/opening. Carefully cut along the line. The top part is now a funnel!



Be sure to ask an adult for help and permission before trying out this activity!

STEPS:

- 1 Pull balloon opening over the tip of the funnel. (It helps to blow up balloons first to stretch them out!)
- 2 Using a scoop or your hands, add one type of dried bean or lentil to each balloon, pushing them in as you go. A large balloon will fit about 3/4 cup dried beans or lentils.
- 3 Once balloons are filled, carefully pull the funnel out and tie off the balloon. Give it a squeeze!



SENSORY CHALLENGE!

Can you guess which beans are in each balloon? Try it out with friends and family!

