



WHERE DOES IT GROW?

Fruits and vegetables grow in different ways.
Draw a line from each fruit or vegetable to where it grows.



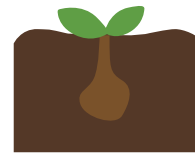
Bush



Plant or stalk



Tree



Underground



Vine



Apples



Blueberries



Corn



Onion



Pumpkin



A cluster of bananas is called a **“hand,”** and a single banana is called a **“finger”** and a group of hands is called a **“bunch.”**



Potatoes were the first vegetable to be **grown in space.**

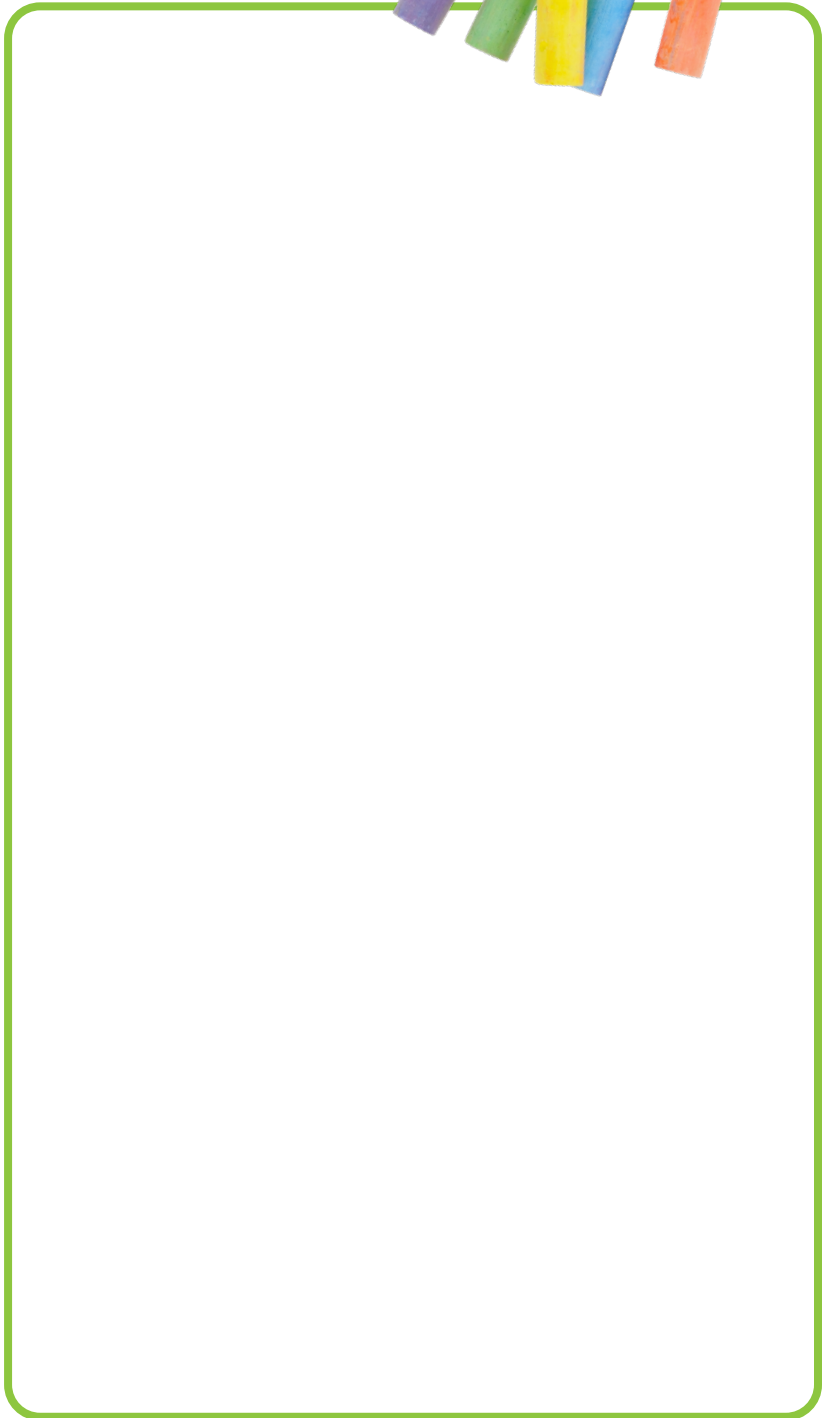


There are **over 50,000** different varieties of peppers in the world.



MOVE AND GROOVE CHALK COURSE

Design your own chalk course with shapes and patterns for different moves or actions. Check out the ideas below to get started. Use the space to draw your course before grabbing some chalk to create it outside.



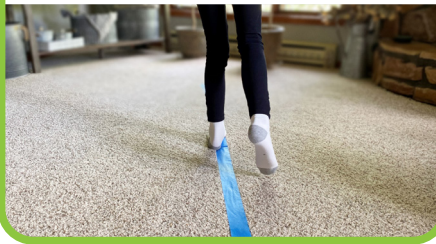
INDOOR OBSTACLE COURSE

Create your own indoor obstacle course using items found around your home. Get started with the ideas below. You can make the course more exciting by adding fun challenges like racing against the clock or trying different paths.

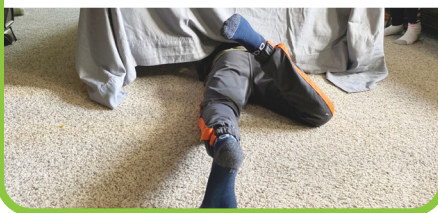
Jump over a row of pillows



Balance along a taped line



Crawl under a table with a blanket over it



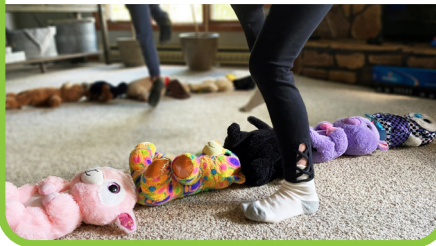
Hop on one foot between pillows



Slide across a floor on towels or paper plates



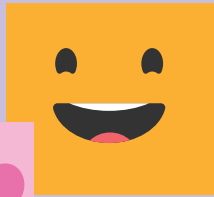
Step over a line of stuffed animals



Sidestep through a row of cups



Bend under a broom handle



HAPPY WORDS AND THOUGHTS

It feels good to say kind and loving things to yourself and others, especially during challenges. Give it a try!

Challenges help me grow

My body can do amazing things

I believe in myself

Write your own:



WHIMSICAL WIND CHIMES

Create your own wind chimes from treasures from nature or around your home.

WHAT YOU NEED:

- Plastic spoons
- Cans
- Sticks
- String
- Old keys
- Scissors
- Bottle caps/lids
- Pinecones
- Beads, buttons, paint (optional)

! SAFETY FIRST!

Ask an adult for help and permission before trying this activity.

STEPS:

1

Find a stick, lid, can, or clothes hanger to be the top of your wind chime.



2

Using string, tie anything you would like to your wind chime top, such as old keys, pinecones, plastic spoons, or bottle caps.



3

Decorate it with paint, beads, buttons or anything else you can find to make it unique.



4

Hang up your wind chime creation to enjoy the sight and sounds.

